

To women dependents age 30 and over

Ichikoh Industries, Ltd.

Ichikoh Industries Health Insurance Society

[Women-Only] Mobile Health Check (Isehara • Fujioka Area)

Thank you for your understanding and cooperation in the activities of our health insurance society. To maintain and promote the health of the insured and their dependents, as well as to find and prevent diseases at an early stage, we are providing health check assistance.

We will conduct the annual women's only mobile health checkup in the Isehara and Fujioka areas, which is in high demand every year.

Eligible people are those who are and are going to be 30 and over in the fiscal year. Your eager participation is highly appreciated. The following is the application procedure.

We will be taking preventive measures against the novel corona virus infection by taking temperatures, providing ventilation, and through disinfection, while also paying close attention to reception hours and spacing between participants.

* Note: We provide the health checkup once within the fiscal year (April 1st, 2022/R.4 ~ March 31st, 2023/R.5).

Please note that our subsidy will be applied to one of the four checkups: the medical check offered in this paper, a clinical survey, a special health checkup, or a life-style related diseases checkup.

Details

- 1. Eligible Applicants** Women dependants age 30 and over who are member of Ichikoh Industries Health Insurance Society
- 2. Dates**

[Fujioka Area]
Sunday, November 13th, 2022 (R.4) 10:00 AM ~ 12:00 PM (Reception planned to close※)

[Isehara Area]
Sunday, November 27th, 2022 (R.4) 9:30 AM ~ 12:00 PM (Reception planned to close※)
Sunday, December 11th, 2022 (R.4) 9:30 AM ~ 12:00 PM (Reception planned to close※)
※Please understand that, depending on the number of applicants, reception hours may change and we may not be able to reserve your preferable date and time.
- 3. Venue**


[Fujioka Area] At the Fujioka Plant, Ichikoh Industries, Ltd.
[Isehara Area] At the Isehara Plant, Ichikoh Industries, Ltd.
- 4. Address**

[Fujioka Area] 1467 Higashi-Hirai, Fujioka-shi, Gunma-ken
[Isehara Area] 80 Itado, Isehara-shi, Kanagawa-ken
- 5. Parking** Parking is available.
(Please follow the instructions of the guards and staff.)
- 6. Health Check Items** Test items based on 「Kenpo Kyodo Kenshin」(General Health-check)



Test items of General Health-Checkup																																				
Consultation/Measurement			General Blood Test					Lipid		Liver Function		Kidney function		Blood Sugar		Urine Test		Other																		
Inquiry, Physical Examination	BMI		Abdominal Measurement		Blood Pressure		Eyesight	Chest X-ray	Hearing	Red Blood Cell Count	Hemoglobin	Hematocrit	Platelet Count	MCHC	Mean Corpuscular Hemoglobin	Mean Corpuscular Volume	White Blood Cell Count	Total Cholesterol	Triglyceride	HDL Cholesterol	LDL Cholesterol	GOT	GPT	γ-GTP	Total Protein	Uric Acid	Urea Nitrogen	Serum Creatinine	Fasting Blood Glucose	Glycated Hemoglobin Test	Urinary Sugar	Urinary Protein	Urine Occult Blood	Urobilinogen	Electrocardiogram	Fecal Occult Blood Test

(Please turn over)

- 7. Optional Tests** (Please understand these tests are available only in limited numbers.)
- Barium X-ray (The first 30 to arrive)
 - Mammography (The first 35 to arrive)
 - Breast Ultrasound (The first 30 to arrive)
 - HPV Test (Self-collection method)
 - Abdominal Ultrasound (The first 20 to arrive)
 - Bone Density Test
 - ABC Test
- 8. Cost** **You don't have to pay for the cost of general health-check items. (Free of charge)**
 With regards to gynaecological tests, up to two of the three tests are free (paid by the health insurance society).
 • Mammography (¥5,754) • Breast Ultrasound (¥4,299) • HPV Test (¥4,400)
 In the case of someone wanting to have all the three tests, the breast ultrasound (¥4,299) will be at one's own expense.
 You can also take other optional tests: ABC Test (¥4,187), Barium X-ray (¥5,500), Abdominal Ultrasound (¥5,235), Bone Density Test (¥2,618).
 Please note each one will be at your own expense.
- 9. Reservation Period** **Monday 1 August, 2022 (R.4) ~ Friday 30 September, 2022 (R.4)**
- 10. How to apply** LINE「市光健保de健康エール (Ichikoh Kenpo de kennko yell)」
 Please use a special form for health-check reservation in the menu.
 (※If you haven't registered for the LINE, please refer to attachment.)
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- [QR code to register for the LINE]
- 11. Procedures**
- ① Health Check Reservation**
 Please make a reservation using a special form for health-check in the menu through LINE「市光健保de健康エール (Ichikoh Kenpo de kennko yell)」
 ※We will send a notice letter to confirm your checkup date and reception time about two weeks in advance.
- ② Confirmation of reservation**
(you will receive a notice letter about two weeks in advance.)
 The health check institution will send a notice letter to your address specifying the checkup date and time, check up coupon, medical questionnaire, and test kit about two weeks in advance.
- ③ Items Required on the Day of Examination** ※Please wear a face mask in the venue.
 Please bring the notification letter, check up coupon, medical questionnaire and test kit with you. (Please bring something to put on or a blanket, as the temperature can drop sharply in this season.)
- ④ Cancellation**
 If you are to cancel before receiving a notice letter, please be sure to inform the health insurance society in advance.
 If you are to cancel after receiving a notice letter, please be sure to inform the medical institution or the health insurance Society in advance.
- 12. Boxed lunch** **A boxed lunch will be provided** after the checkup. Please do not forget to pick it up.
- 13. Inquiry** Please contact us if you have questions via the number and address shown below.
 Ichikoh Industries Health Insurance Society
 (Person in charge: Kimura, Iwasawa, Inuzuka, Yamamoto) Phone: 0463-94-8029
 E-Mail : ichikoh-kenpo@garnet.broba.cc